Making It Matter to the Learner: e-Motional e-Learning

By Clark N. Quinn

Emotion is hot. Business is exploring Emotional Intelligence in workplace effectiveness, Emotional Design in product and services, and we’re selling experiences now instead of just services. Besides flavor-of-the-month, is there any “there” there (to borrow a phrase from the late author Gertrude Stein)? More particularly, are there any implications for e-Learning?

The short answer is that factoring emotion into your e-Learning is going to take it to the next level, where it really works. When we help learners emotionally, viscerally, understand why this coming experience is important to them, and maintain that interest through the learning experience, the outcomes are superior. If people care, they learn better. Period.

John Kotter, an expert on leadership at the Harvard Business School and a premier voice on how the best organizations actually “do” change, points out that, “Behavior change happens mostly by speaking to people’s feelings ... in highly successful change efforts, people find ways to help others see the problems or solutions in ways that influence emotions, not just thought.”

If we care about our learners and about the learning, we need to know the ways to address emotion in learning. What is the evidence?
Understanding the importance of emotion in learning

Daniel Goleman, the author of *Emotional Intelligence*, argues that EQ (Emotional Intelligence) is more important than IQ. (See Sidebar 1 on page 7 for bibliographic details on the books cited in this article.) Your “EQ” – self-awareness, altruism, personal motivation, empathy, and the ability to love and be loved – contributes as much or more to success than raw intelligence. He’s not alone in looking at a richer picture of intelligence, and we want to similarly look at a richer picture of learning.

In the same way, the emotional component of the relationship with customers, the “customer experience,” has become identified as a critical business differentiator. People care not only about price or features, but the overall relationship including the shopping and purchasing experience as well as subsequent customer service. All of the components create an impression that contributes to repeat sales and recommendations. Consequently, your new job title is User Experience Designer! We, too, want to think not just about the learning, but about the learning experience.

Going further, James Gilmore, co-author of *The Experience Economy: Work Is Theatre & Every Business a Stage*, has turned the old “agriculture-to-industry-to-information” economy transition on its ear, and has remapped it onto a “product-to-services-to-experience” transition instead. The argument is that we have transitioned from a services economy to an experience economy where the emotional component of sensation is a critical factor, and individuals will discern and prefer experiences over undifferentiated services. Examples include theme parks, restaurants, and travel. There’s something there, but what does it mean for e-Learning?

Donald Norman, author of seminal books on design including *Design of Everyday Things*, and *Things That Make Us Smart*, discusses the emotional component of design in *Emotional Design: Why We Love (or Hate) Everyday Things*. After having argued for design to match the way people actually think, he’s now exploring the affective components in design as well. So we see a growing recognition of the importance of the emotional, the affective, components in much of our lives. What are the implications for us? Has anyone talked about this in regard to e-Learning?

John Keller has, at least where it concerns in-
I want to argue that the non-cognitive components of learning are important (which may not be a stretch) and also to suggest that there are some systematic things we can, and should, be doing — even when we’re not talking games. These things, by the way, are missing in our current e-Learning.

In a comprehensive review of elements that contribute to learning (for a research project I led developing an intelligently adaptive learning system), we identified 31 different factors on which learners could differ (my team included a senior cognitive scientist and a psychometrician, someone who measures psychological dimensions), in three categories. Cognitive science has recognized that it’s not just about pure reasoning, and distinguishes the major elements of individual differences as cognitive, conative, and affective factors:

- Cognitive: working memory, inductive and deductive reasoning, abilities
- Conative: motivation, anxiety, etc.
- Affective: e.g. learning styles or personality traits such as independent and social learning, perceptual preference (e.g. visual, auditory), etc.

What struck me was that instructional design today is essentially completely focused on the cognitive. We are now beginning to talk about supporting learning styles (on the basis of very questionable models), but we do not systematically engage motivation, address anxiety, or really inspire learning.

The emotional component in learning is especially important in e-Learning. As suggested earlier, when we have a good face-to-face situation, a trainer handles the emotional component in the learning experience. Of course, social learning almost inherently invokes an emotional component, hopefully positive. In e-Learning, certainly asynchronous independent e-Learning, we need to compensate for that lack of touch. And we can.

Let me set aside, right now, the individual responsibility for maintaining emotional involvement in learning. Yes, the self-directed learner manages expectations, sets reasonable goals, monitors progress, and maintains commitment. And it has been a reliable phenomenon in online learning that the self-directed learners succeed. However, the evidence is that we can’t always expect self-directed learners (unless you also address meta-learning, e.g. Jay Cross’ www.meta-learninglab.com). I believe that we, as e-Learning designers, must address the important components without assuming perfectly capable self-learners.

We need to get beyond just the cognitive level, and address the emotional level. We’re not ignor-
What should you do?

What does this mean you could think about doing differently? I want to suggest several steps:

- Establish the importance of this learning to the learner
- Set expectations about what’s coming up
- Assess, at appropriate times, how that emotional affect could be going (particularly for tough or low spots, and to signal successes and transitions to provide closure)
- Ensure interest in the stories we use to illustrate examples and practice
- Support the emotional component as well as the cognitive component in moving beyond the learning experience.

To make that more concrete, let me make several recommendations.

First, we need to hook their attention or else nothing will stick. One approach is an introduction (before presenting objectives) that demonstrates the consequences of not having the skills to be discussed (skill, not knowledge). Cognitive science makes it clear that just telling people things leads to inert knowledge, so we need to focus on new abilities. To put it another way, don’t just demonstrate, rather, exaggerate the consequences of not having the knowledge.

For instance, Michael Allen created a video to address a learning need for flight attendants to perform their safety checklist. This video beautifully exaggerates the consequences of not knowing (or following) the procedure. Starting like a disaster movie, with dramatic music and sharp visual cutting, the video presents a plane in distress, making an emergency landing on water, and then zooms in to an empty raft inflator. After that, learners are, you can be sure, ready to hear the message about performing the safety checklist. As an alternative, I’ve also used cartoons to exaggerate consequences humorously.

And this doesn’t mean a presentation of a bunch of statistics or a “talking to” by some official personage unless this person can do what I’ve suggested (that is, really inspire the viewers to totally accept the importance of learning this skill or knowledge). Exhortation has been an easy approach in the past, appealing to the personage as well, but it’s overused. Ensure that your spokesperson can really bring home the message about why this experience is important.

Harvey Feldstein, a consultant from Australia (though apparently he enjoyed a successful career in the US first), recently told me about the time he was asked to align used-car sales teams with a more sympathetic selling process emphasizing meeting the customer’s real needs (not just pushing another car). This moderately challenging (ahem) task was even more daunting given that the dealerships weren’t going to change the reward structure for commission. He had quite a bit of success, however, with a video that showed a customer’s emotional reaction to the experience of shopping for a car, hammering home how dehumanizing and disrespectful it was. He opened up the learners by engaging their emotional responses before addressing the necessary learning.

By the way, you can similarly emphasize the positive aspects of having the knowledge, so that learners can see the benefits of having the experience, rather than negatively emphasizing the consequences of not having the knowledge (though I recall some cynic saying that the three great motivators are fear, greed, and sloth). The point is to achieve wry recognition of the necessity of the upcoming e-Learning experience.

Once we’ve got the learners hooked, we can tell them what they are going to achieve. However, we tend to do even that without acknowledging the learners’ emotional perspective. We typically present learners with a list of objectives at the start, yet we do a bad job of presenting those objectives in terms that make the learners understand that this is information they need, and that make the learners eager to achieve the outcome.

At the e-Learning Guild Instructional Design conference in 2005, Will Thalheimer (another e-Learning consultant) differentiated between the objectives designers use, and the objectives we present to our learners. He indicated that, for designers, the objectives identify the learning outcomes in terms of metrics and behaviors. However, learners care about what they’ll be able to do differently, expressed in ways they understand.

It’s more about marketing than about education,
really (though I maintain that good marketing is in fact educating the customer). Compare, for example: “Develop and deliver an intervention plan to address neurotic behavior, the plan to consist of both the steps to be taken and the associated timeline, in accordance with departmental regulations,” versus: “Be able to develop a timely intervention plan to help your patients.” Which do you think an audience of psychiatric nurses might resonate with?

Once we’ve hooked the emotional involvement, we can’t risk losing it. We need to set expectations about what’s coming: what’ll be hard, what’ll be easy, what’ll be fun, and what they’ll be able to do that they can’t do now. Let your learners know that there’ll be a bit of conceptual presentation, some examples pulled right from the field, some practice that’s a bit tough but really valuable, and finally a wrap-up that’ll help them keep this knowledge ready-to-hand. We’re alleviating anxiety while maintaining motivation.

We need to maintain those expectations, too, as the learner should not be expected to remember it all. At times where they’ve just completed a tough slog through some conceptual material, acknowledge, or even celebrate it. Let them know they’re done with examples, and now they’re going to get a chance to practice themselves. Let them know they’ve finished the practice (and congratulations too!), and are now segueing out.

By the way, make sure those examples and practice are compelling. Making the practice into a game (see the earlier definition) is one option, of course, but regardless, your examples should be good stories, well-told, and your practice should similarly be contextualized and exaggerated for your audience, using settings that emphasize why this knowledge is important. Make the examples ones the learners understand and care about. Highlight the challenge, the diligence or insight, and the successful outcome (or the tragic consequences).

Finally, at the end of the learning experience, we also traditionally don’t do enough, and there’s more we should do. In addition to providing a wrap up, and pointers for further direction (both of which we typically do present), we should also provide some support for keeping these skills active until they are needed. That’s the cognitive side. On the emotional side, we should help learners remember the importance of applying this learning, help them muster their commitment to persistence in keeping this learning active, and enjoin their complicity in applying it when relevant.
Design experiences

At core, you want to design experiences, not just learning. You can’t make learners learn, you can only create environments that are conducive to learning, and to increase your likelihood of success, you’ll want to engage learners emotionally as well as cognitively.

There’s more, but this is getting into the speculative: Don Norman’s book, Emotional Design, explores the cognitive effects of the emotional components. With a pleasurable affect (e.g. warm and fuzzy), cognition tends to broaden and be associative. A negative affect (e.g. rough and bitter), tends to deepen cognition. Theoretically, we should start the learning experience positive, get negative when it’s time to dig in, and then get positive again at the end. Which, interestingly, tends to mirror the affective experience we see in many popular media (think: novels, theatre, and film).

Further, James Gilmore, cited earlier, argues that the step beyond the experience economy is the “transformation” economy, where people pay for experiences that transform them. That, to me, is where we rise to the fore: creating new skills, or new attitudes, is what instructional design is all about, and to the extent we go beyond to include the emotional component and create experiences, we’re the ones ready to capitalize on this new opportunity. Ready?

We don’t need to go there yet. Let’s start by explicitly considering, designing, and supporting the emotional components that help ensure the optimal learning outcome. We’ll get engaged learners, and more effective learning. Once we get that down, reliably, and repeatably, we can do more.

Author Contact

Clark N. Quinn, Ph.D. has been innovating for business, education, government, and the not-for-profit sectors for over 25 years. Clark integrates creativity, cognitive science, and technology to deliver engaging and effective solutions to learning, knowledge, and performance needs. He has been responsible for the design of award-winning online content, educational computer games, and websites, as well as intelligent learning and performance support systems. He has served as an executive in online and e-Learning initiatives, and has an international reputation as a scholar and presenter. He currently works on behalf of clients through Quinnovation. Contact Clark by email at clark@quinnovation.com or by
telephone to 925-200-0881.

(Editor’s Note: Clark Quinn will present sessions on games, simulations and m-Learning at the e-Learning Producer Conference in Boston, April 18 through 21, 2006.)

Additional information on the topics covered in this article is also listed in the Guild Resource Directory.

Sidebar 1 Bibliography


DO YOU HAVE AN INTERESTING STRATEGY OR TECHNIQUE TO SHARE?

Get It Published in...

This publication is by the people, for the people.

That means it’s written by YOU the readers and members of The eLearning Guild! We encourage you to submit articles for publication in Learning Solutions e-Magazine.

Even if you have not been published before, we encourage you to submit a query if you have a great idea, technique, case study or practice to share with your peers in the e-Learning community. If your topic idea for an article is selected by the editors, you will be asked to submit a complete article on that topic. Don’t worry if you have limited experience writing for publication. Our team of editors will work with you to polish your article and get it ready for publication in Learning Solutions.

By sharing your expertise with the readers of Learning Solutions, you not only add to the collective knowledge of the e-Learning community, you also gain the recognition of your peers in the industry and your organization.

How to Submit a Query

If you have an idea for an article, send a plain-text email to our editor, Bill Brandon, at bbrandon@eLearningGuild.com, with the following information in the body of the email:

• A draft of the first paragraph, written to grab the reader’s attention and identify the problem or issue that will be addressed.

• A short outline of your main points addressing the problem or resolving the issue. This could be another paragraph or it could be a bulleted list.

• One paragraph on your background or current position that makes you the one to tell this story.

• A working title for the article.

• Your contact information: name, job title, company, phone, email. This information is to be for the writer of the article. We are unable to accept queries from agents, public relations firms, or other third parties.

All of this information should fit on one page. If the topic fits our editorial plan, Bill will contact you to schedule the manuscript deadline and the publication date, and to work out any other details.

Refer to www.eLearningGuild.com for Author Guidelines.
A Worldwide Community of Practice for e-Learning Professionals

The eLearning Guild is a Community of Practice for e-Learning design, development, and management professionals. Through this member driven community we provide high-quality learning opportunities, networking services, resources, and publications. Members represent a diverse group of managers, directors, and executives focused on training and learning services, as well as e-Learning instructional designers, content developers, Web developers, project managers, contractors, and consultants. Guild members work in a variety of settings including corporate, government, and academic organizations.

Guild membership is an investment in your professional development and in your organization’s future success with its e-Learning efforts. Your membership provides you with learning opportunities and resources so that you can increase your knowledge and skills. That’s what the Guild is all about ... putting the resources and information you need at your fingertips so you can produce more successful e-Learning.

The eLearning Guild offers four levels of membership. Each level provides members with benefits commensurate with your investment. In the table you will find a comprehensive summary of benefits offered for each membership level. To learn more about Group Membership and pricing, go to www.eLearningGuild.com.

<table>
<thead>
<tr>
<th>Guild Benefits</th>
<th>Associate</th>
<th>Member</th>
<th>Member+</th>
<th>Premium</th>
</tr>
</thead>
<tbody>
<tr>
<td>eLearning Insider</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Annual Salary Survey</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Past Conference Handouts</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Resource Directory – Access &amp; Post</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Info Exchange – Access &amp; Post</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Job Board – Access Jobs &amp; Resumes</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Job Board – Post Resumes</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Job Board – Post Jobs</td>
<td>x</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Guild Research – Online Briefings</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Guild Research – Reports</td>
<td>✓*</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Guild Research – Archives</td>
<td>x</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Learning Solutions e-Magazine</td>
<td>x</td>
<td>x</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Online Events Archive</td>
<td>x</td>
<td>x</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Online Forums</td>
<td>$</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Face-to-Face Conferences</td>
<td>$</td>
<td>✓</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Pre-Conference Workshops</td>
<td>$</td>
<td>$</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Event Fee Discounts</td>
<td>x</td>
<td>20%</td>
<td>✓</td>
<td>✓</td>
</tr>
<tr>
<td>Online Event Site License Discounts</td>
<td>x</td>
<td>x</td>
<td>20%</td>
<td>20%</td>
</tr>
</tbody>
</table>

*See www.eLearningGuild.com for details

✓ = Included in Membership  X = Not available  $ = Separate fee required

The eLearning Guild organizes a variety of important industry events...

- **eLearning Guild 2006 Annual Gathering**
  - April 18 - 21, 2006
  - BOSTON

- **eLearning Producer Conference**
  - April 18 - 21, 2006
  - BOSTON

- **eLearning Instructional Design Conference**
  - October 10 - 13, 2006
  - SAN FRANCISCO

- **Learning Management Colloquium**
  - April 18 - 21, 2006
  - BOSTON

- **DevLearn 2006**
  - October 10 - 13, 2006
  - SAN FRANCISCO